## **Carers Rights Day**



## Friday 25th November 11am-3pm Carers Count, 8 Upperhead Row, Huddersfield HD1 2JN

Definition of a carer: "A carer is someone who provides unpaid help and support to family or friends who are ill, disabled or who just need some extra support."



Come along to Carers Count for an informal session where you can talk to our staff and other professionals including Ridley & Hall Solicitors and Care Navigation Team in a relaxed environment. Have a cuppa and some homemade cake and ask about the things that are important to you.

If you require any further information phone 0300 012 0231 email info@carerscount.org.uk visit www.carerscount.org.uk



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